

2025



Merinda Calisthenic College

W: www.merindacc.com.au

E: info@merindacc.com.au

Calisthenics is a sport that combines dancing, gymnastics and ballet. It promotes great team involvement in a fun environment.

Founded in 1980 by Principal Mrs Pat Marsh and now administered by a committee of management, Merinda Calisthenics College has grown to be one of the most respected colleges in the state.

Located within a short distance from the Western Ring Road and the neighbouring suburbs of Mill Park, Mernda, Laurimar Estate and Whittlesea, the college is located at 1A/19 Enterprise Drive, University Hill, Bundoora.



Enrolment

Enrolment details are taken by each Section Secretary at the beginning of each year. Calisthenics Victoria (CV) requires all pupils to be registered and insured. The cost of the CV registration is \$85 (2024 price). The College also requires a medical information sheet to be completed and returned within 30 days of commencement of class.

Coaches

All coaches at Merinda CC Inc. are fully qualified trained level 1. They are required to update their skills, including first aid, and attend coaches meetings and training seminars on a regular basis.

Summer School

Monday 20 - Wednesday 22 January 2025

Merinda Studios

1a/19 Enterprise Dr, University Hill Bundoora

Summer school times

Tinies - 9:30 - 11am (every day)

Mon 20 Jan

Subbies 10am - 1:15pm

Juniors 12:30 - 4:15pm

Inters 2 - 5:45pm

Tues 21 Jan

Subbies 11am - 2pm

Juniors 12:45 - 3:45pm

Inters 2:30 - 5:30pm

Wed 22 Jan

Subbies 11am - 2pm

Juniors 12:45 - 3:45pm

Inters 2:30 - 5:30pm

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CLASSES RESUME IN 2025



Intermediates (14-17 Years)

6:00pm - 10:00pm



Tiny Tots (Pre School)

8:30am - 9:30am

Tinies (5-7 Years)

8:30am - 10:30am

Sub Juniors (8-10 Years)

10:45am - 2:00pm

Juniors (11-13 Years)

2:15pm - 6:15pm



Seniors (16 And Over)

6:30pm - 10:30pm



CALI BALLET

Enhance your technical skills, co-ordination, balance, poise, strength, flexibility, and style with cali-ballet!

All enrolments

<https://www.trybooking.com/CWFVM>

Mondays

Sub Juniors/Juniors: 5:00 - 6:00

Juniors/Intermediates: 6:00 - 7:00

Intermediates/Seniors: 7:00 - 8:00



ACRO

Learn lots of new skills while developing strength and flexibility to perform them.

All enrolments

merindaacro@gmail.com

Mondays 5:00 - 7:00pm

Thursdays 5:00 - 8:00pm

Competitions

Merinda is a competitive College and we take all teams to competitions. Attendance at all competitions is required by all pupils in all competing sections.

Uniforms

For competitions

- Blue and White Merinda tracksuit top
- Black Merinda Dance pant
- Black sneakers



For class

Plain black leotard, tights and crossovers are optional. Hair is to be tied back at all times.

Fee Structure 2025

Payment of fees must be made at the beginning of each Calisthenics term. Fees include class fees and equipment usage.

Section	Term x 4 instalments
Tots	\$155
Tinies	\$215
Subbies	\$240
Juniors	\$240
Inters	\$270
Seniors	\$270

Dates for instalments

- 1 March
- 3 May
- 12 July
- 13 September

Costumes

Costumes are provided by the College. Parents are required to add additional trimming. The Costume Coordinator is always available at class to guide you with your costumes.

Costume fees

Tots - \$80 Tinies - \$100 Subbies - \$200

Juniors, Inters and Seniors will receive a costume account at the end of the year but must pay a costume levy each term for Terms 1, 2 and 3 which will be deducted from the final account.

Juniors \$100 per term, Inter and Seniors \$130 per term.

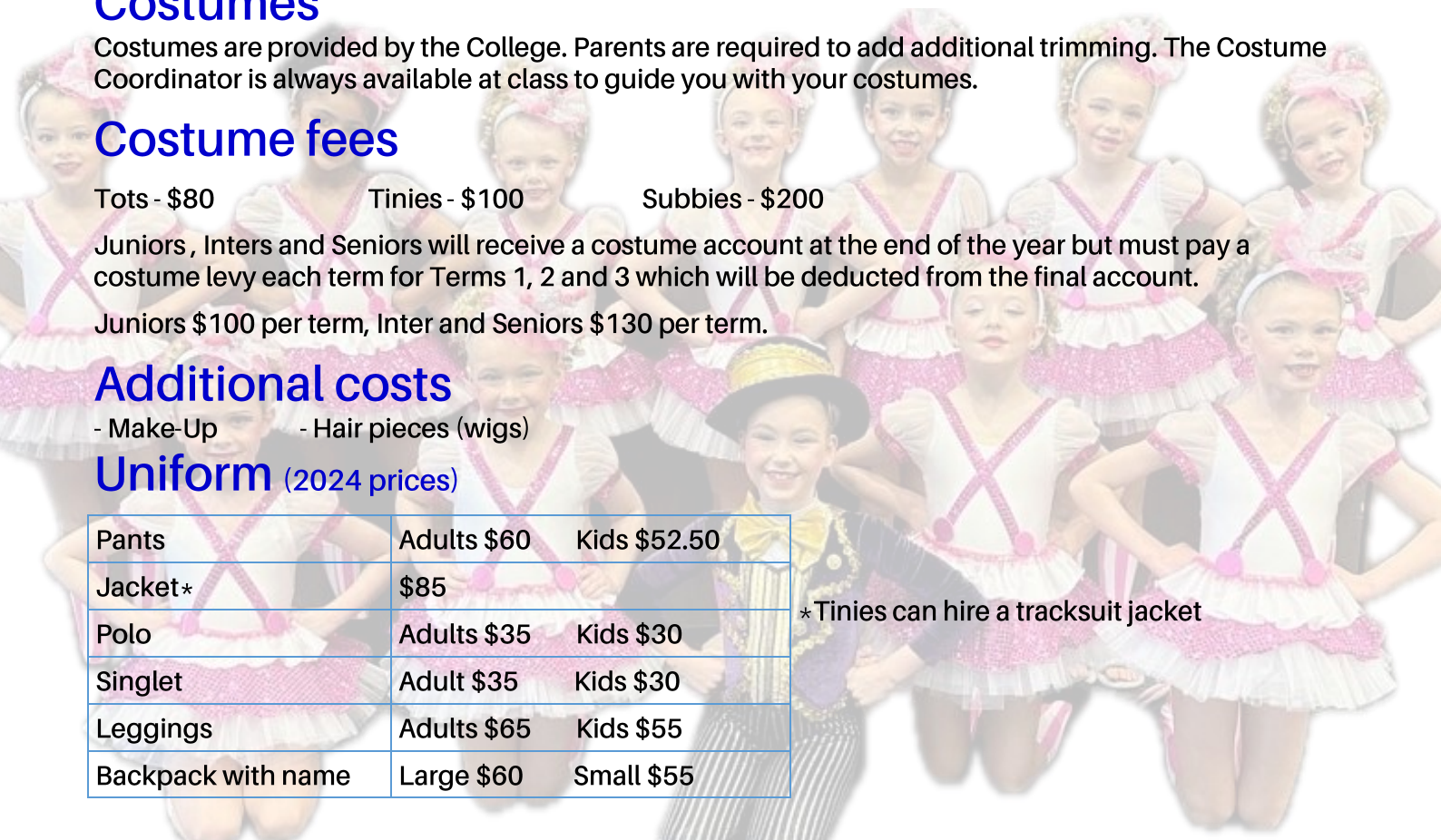
Additional costs

- Make-Up
- Hair pieces (wigs)

Uniform (2024 prices)

Pants	Adults \$60	Kids \$52.50
Jacket*	\$85	
Polo	Adults \$35	Kids \$30
Singlet	Adult \$35	Kids \$30
Leggings	Adults \$65	Kids \$55
Backpack with name	Large \$60	Small \$55

*Tinies can hire a tracksuit jacket



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Camp (Juniors, Inters and Seniors only)

Juniors/Inters - \$200

Seniors - \$200

(student prices)

2025 Junior and Inter Camp

ADANAC Camp, Yarra Junction

Monday 7 April - Wednesday 9 April 2025

2025 Senior Camp

Campaspe Downs Adventure Camps

Friday 23 May - Sunday 25 May 2025

2025 Subbie camp day at studios

Tuesday 8 April 10:30am - 4pm



Attendance and punctuality

Calisthenics is a team sport. It is important that all pupils attend each class for the year and arrive at the scheduled commencement time.

If any pupil is unable to attend a class, your Section Secretary should be notified as early as possible prior to the commencement of the class.

Perfect attendance will enable each pupil to reach their potential and form strong friendships within their team. Attendance at every class is recognised annually by the awarding of a medal.

Saturday classes are not held on the long weekend in March, Good Friday or Easter Saturday. However, classes and competitions are held through **September school holidays**.

Stage rehearsals

Merinda will have stage rehearsals for each section throughout the year.

Attendance at these is compulsory.

Sunday 8 June - Frankston Arts Centre: Champ Subbies, Juniors, Inters and Seniors

(note: this is the King's Birthday long weekend)

Wednesday 9 July - Thursday 10 July - Besen: all sections

Concert

A demonstration concert and medal presentation is scheduled to take place on Sunday 26 October 2025 at the Besen Theatre, Burwood. This is a culmination from all the age levels of the work performed throughout the year. Pupils will perform all their items at this wonderful event.

Family Fun Day

Family Fun Day for the whole club will be held on Sunday 9 November 2025, 10am - 1pm.

Enquiries

All enquiries please contact: Sue Harding on 0412 113 160 or email sue@merindacc.com.au

Find us online

Visit our website - www.merindacc.com.au

FACEBOOK - <https://www.facebook.com/MerindaCC/>

INSTAGRAM <https://www.instagram.com/merindacalistheniccollege/>
(or simply search merindacalistheniccollege)